

8 Module - Health and Wellbeing Coach Training

Help and Care in partnership with CEmPaC invite you to our 28 hour facilitated Health and Wellbeing Coach Training

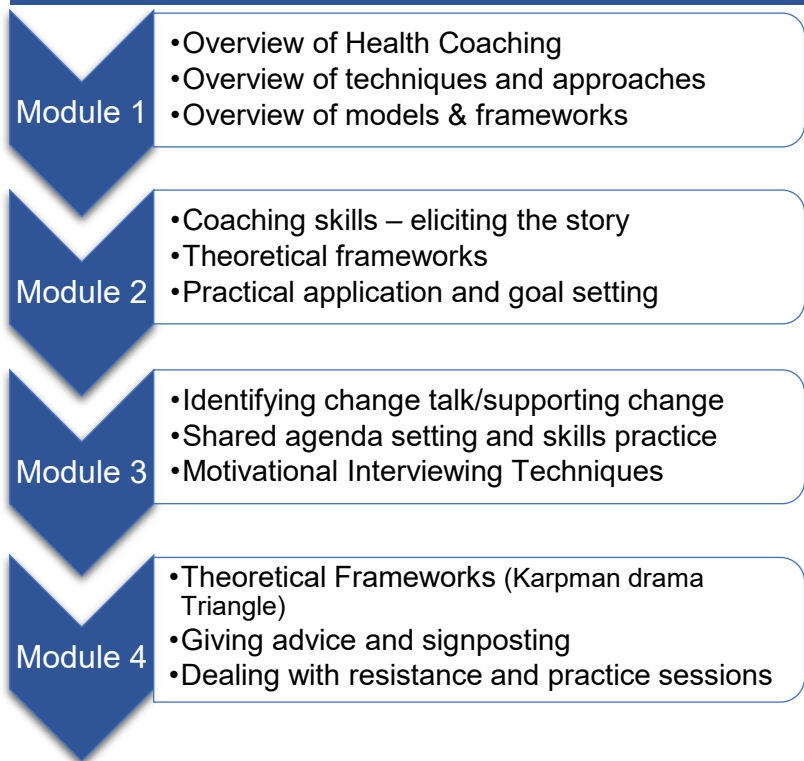
This course can be accessed online and consists of 8 modules over 4 week period:

- Modules 1 to 4 in week 1 & 2
- Modules 5 to 8 in week 3 & 4
- 3.5 hours each module with some pre-learning and an observation assessment in Module 8

For more detailed overview and course content please refer to the Pre-programme Overview

Week 1 consists of 4 modules 3.5 hours per module - summary below

- Suitable for individual practitioners within the primary and secondary care workforce and community teams (Clinical consultants, AHP's, Health and Wellbeing Coaches, Care Co-ordinators, Social Prescribers).



Week 2 consists of 4 modules 3.5 hours per module - summary below

- Suitable for Health and Wellbeing Coaches as a continuation of the 8 module training.

